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DECEMBER 2009

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# Holiday Gift Guide 2009



*it's a wrap!*

'tis better to give than to receive, but you may be tempted to add these glorious gifts to your own wish list

BY AMANDA ALTMAN

Our mission has always been to make your life a little easier—even if that means making *our* job a little harder. In true *Pilates Style* tradition, we've researched, reeled in and reviewed the coolest gifts for the special people in your world (which includes you). So bid adieu to long lines, relax and flip through the following pages, filled with 50 wonderful treasures. You can thank us later.



# heavenly helpings

indulgent all-natural treats that are perfect for entertaining

Save calories (and fat) without sacrificing flavor with **GOURMÉ MIST MINI MISTERS**, available in six 3.5 ounce varieties, including organic extra virgin olive oil and balsamic vinegar infused with raspberry. Its design keeps the nozzle from clogging (\$4.99–\$5.99; [gourmemist.com](http://gourmemist.com)).



Creamy and divine, **AMELLA ARTISAN CARMELS** are made from cocoa butter and real fruit and veggies and then are dipped in chocolate; choose from carrot cake, passionfruit and black forest (\$15 for 9; [amellacaramels.com](http://amellacaramels.com)).



**CURRY LOVE GIFT SET** includes a candle, matches and three organic vegan sauces, delicious on turkey or veggies. Your only problem will be choosing among creamy Blissful Banana Ginger, spicy Passion Red Thai and mild Luscious Yellow Thai curry (\$25.50; [mycurrylove.com](http://mycurrylove.com)).



**KERNEL SEASONS GOURMET POPCORN KIT** comes with a bag of kernels and four all-natural shake-on toppings: white cheddar, nacho cheese, movie theater butter and kettle corn (\$9.99; [kernelseasons.com](http://kernelseasons.com)).



You'll give two (green) thumbs up to the organic **CULINARY VEGETABLE GARDEN KIT**. It contains eight different seeds (like maxibel haricot vert bean), wooden stakes, a pencil and, best of all, detailed instructions (\$25; [wishingfish.com](http://wishingfish.com)).



**CHOLIVE COMPANY'S CHRUFFLE GANACHE-FILLED DARK CHOCOLATES** are crafted by a sommelier to complement Champagne or red or white wine (3 for \$5.95; [thecholive.com](http://thecholive.com)).